

## ABSTRACT OF THE DISCLOSURE

A steering column for a motor vehicle has a steering shaft rotatably mounted in a tubular jacket. The tubular jacket is secured on two rails extending substantially in an axial direction and fixed on the bodywork. The tubular jacket is guided between the rails in the event of an axial displacement in case of a crash. At least one rail is assigned at least one deformation element which is secured at least at one end on the rail and is plastically deformable, with absorption of energy, in the event of an axial displacement of the tubular jacket in a manner such that it is deformed by rolling friction via deflection structure fixedly disposed on the tubular jacket.